

Anna Chaney Bio



Anna Chaney is a farmer, healer, and Earth-keeper. She and her three children live at Honey's Harvest Farm in Lothian, Maryland. As a thirteenth generation Anne Arundel County citizen, her roots are deep.

When she was a child she learned to plant, harvest, process, sell, and cook produce from her family's garden. The idea of cooking and serving freshly grown food to family and friends for sustenance, optimal health, and community is engrained in her very DNA.

After graduating from the University of Maryland, College Park and working briefly as a CPA, she soon found her way back to fresh, local food, starting her own restaurant and catering service, Herrington on the Bay, in her hometown area. Fast forward twenty-six years. Anna experienced great healing from chronic illness through functional medicine and energy healing. Once she found optimal health again, Anna knew that someday she would offer these miraculous healing techniques to others.

In recent years, Anna has been trained by various healers and shamans and has participated in educational opportunities provided by various functional medicine doctors. Through her studies, she has come to recognize that health begins in the soil, and that truly nourishing food requires bio-complete, living soil.

Anna received the Earthkeeper's Rites from shamans of the Andes Mountains in November 2018 and a Permaculture Design Certification in 2016. According to Anna, these two honors invoke a responsibility to provide the best possible environment in which to cultivate nourishing food and medicine. This food fosters vibrancy and fortitude of mind, body, and soul.

To further her understanding of human health and wellbeing, Anna is now enrolled in the Functional Nutrition Alliance, graduation expected Autumn 2021, as a certified Functional Nutritionist. She then plans to study for her board examinations to become a Licensed Non-Pharmaceutical Practitioner. Anna works with clients seeking energy medicine and/or functional nutrition consultation. She is enamored with the miraculous physiology and function of the human body. Anna exudes her passion and positive outlook in each of her client consultations where she also draws on her training, education, and life experiences.

Anna lives to connect people to nutrient dense (healing) food and medicine, to nature, and to energetic health, thus inspiring long, joyful, and healthy lives for all.